



Sacred eels and the source of eternal youth, half day tour around Mataram

An interesting city tour in the surroundings of Mataram. We will see the Lingsar temple. This temple was built in 1714 and is considered the most holy on the island. From all over Lombok people come to this temple to bring offerings. The food is offered to the Gods out of gratitude for the fertility of the land. Families that visit the temple often stay for several days.



After this we visit Narmada Park. This was built as a replica of Gunung Rinjani and the crater lake Segara Anak. It was laid out in 1805, when an old king was not capable to climb the mountain anymore to bring offerings so he had to make do with a fake mountain.



In the park lies the temple of eternal youth. Holy water (coming of real Mt Rinjani) flows into the building and gives eternal youth to the one that washes his faces with it. You can end the visit with a short stroll through the surroundings. There are nice rice fields to be seen and the remnants of an aqua duct, built by the Dutch.



Source: Sunda Trails.

